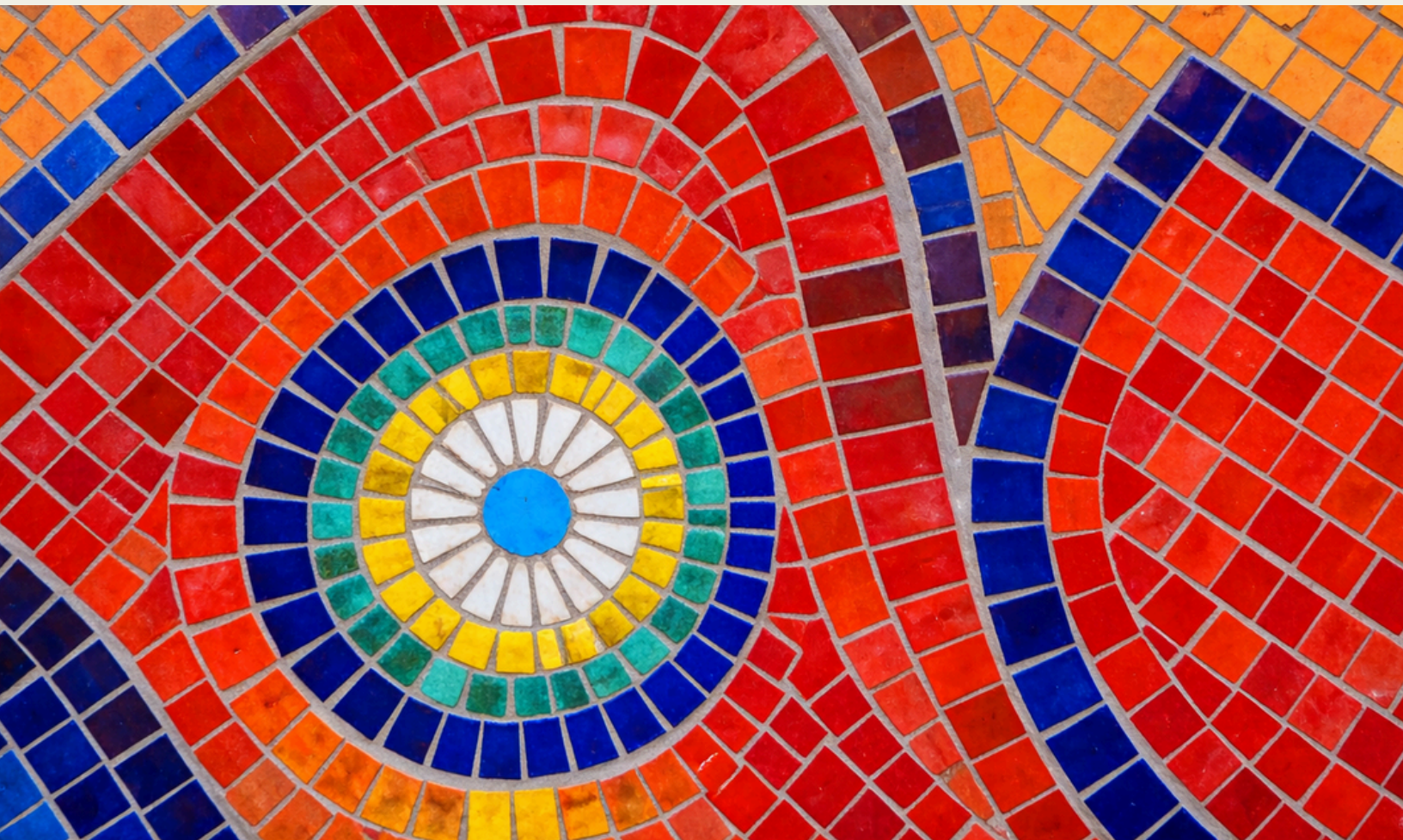


# ACSN 9th ANNUAL MOSAIC CONFERENCE 2026



**AMERICAS COACHING  
SUPERVISION NETWORK**

**Virtual Conference:**  
**Friday, April 24, 2026 | 8:00 am to 5:00 pm PT**

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**In-Person Event | May 8–9, 2026**  
**Royal Roads University • Victoria, British Columbia, Canada**

# ACSN 9th ANNUAL MOSAIC CONFERENCE 2026

## **We welcome you to the Ninth Americas (and Beyond) Coaching Supervision Network Conference**

We are living in complex and rapidly changing times. Social polarization, climate disruption, technological acceleration, and collective stress continue to shape how we live and work.

As coaching supervisors, we play a vital role in supporting coaches, the profession, and our clients within this wider system.

The 2026 ACSN conference theme is **MOSAIC**

This theme reflects the diversity of perspectives, experiences, and approaches that shape coaching supervision today. Like a mosaic, our work gains meaning through the integration of many voices, ways of knowing, and forms of practice—held together by collective intelligence and presence.

*Coaching Supervision Mosaic 2026* includes a **virtual conference** and a two-day **in-person** gathering at **Royal Roads University in Victoria, British Columbia**.

Whether online or in person, this conference offers space for reflection, learning, connection, and professional growth through dialogue, experiential sessions, and embodied practice.

We invite you to join us in conversations that deepen learning, strengthen community, and support the ongoing evolution of coaching supervision.

# Americas Coaching Supervision Conference 2026 — MOSAIC

## AGENDA

Virtual Conference | Friday, April 24, 2026

(Times are in Pacific Time Zones)

8:00 – 8:30 am	Opening Welcome	Lily Seto & Damian Goldvarg
8:30 – 9:30 am	S1: Mapping the Field	Lily Seto & Damian Goldvarg
9:30 – 9:35 am	Break	
9:35 – 10:05 am	S2: If resilience is not a word, then what is it?	Merle McKinley
10:05 – 10:10 am	Break	
10:10 – 11:10 am	S3: Supervision in Group Format	Michelle Lucas & Lily Seto
11:10 – 12:15 pm	Group Supervision Cont'd: Experience Coaching Supervision in Group Format	Lily Seto
12:15 – 1:15 pm	LUNCH BREAK	
1:15 – 1:30 pm	The Heart of Intuition: An Experiential Drop-In	Grace Calpus
1:30 – 2:30 pm	S4: Listening to the System: Super-vision Through Constellations	Oana Tanase
2:30 – 2:35 pm	Break	
2:35 – 3:35 pm	S5: The Quiet Influences of our Past on Supervision	Saba Hasanie
3:35 – 3:40 pm	Break	
3:40 – 4:40 pm	S6: The Power of Collective Intelligence: Masterminds in Coaching Supervision	Lily Seto & Damian Goldvarg
4:40 – 5:00 pm	Closing – Gathering our Learning	Lily Seto & Damian Goldvarg



## Session 1

### Mapping the Field

Damian Goldvarg & Lily Seto

**Mapping the Field** is a dynamic, participative session designed to surface what is really happening in the world of coaching and supervision today. Together, we will map the key pressures, tensions, and emerging challenges supervisors are facing across different contexts, cultures, and systems. Using collective inquiry participants will identify patterns, critical themes, and future-shaping forces impacting our work. This is not a theoretical exercise—it is a reality check. You will leave with a clearer picture of the landscape you are operating in, sharper awareness of what truly matters now, and a shared language to support

## Session 2

### If Resilience Is Not a Word, Then What Is It?

Merle McKinley

Through the embodied transformation lens, we describe resilience as what helps us return to ourselves after being shaken from our sense of safety, belonging, or dignity. It isn't something we acquire from outside—it comes with being human. **We are born with it as part of our wholeness.**

Resilience is more than simply “getting back” to baseline. In this 30-minute experiential session, participants are invited to explore resilience as an expression of aliveness, joy, and awakening. Rather than a tool for coping, resilience is experienced as a quality of life—an embodied capacity that allows us to feel the full depth of our social, emotional, energetic, and spiritual being, supporting more relevant, courageous, and future-ready coaching supervision.



## **Session 3**

### **Supervision in Group Format**

**Michelle Lucas & Lily Seto**

In this interactive and experiential workshop, participants will be invited to reflect on their lived experiences of coaching supervision groups, whether as group members or as supervisors. Using guided reflection and dialogue, they will map these experiences against the CIRCLES framework—a practical lens for considering the lifecycle of supervision groups.

The session invites participants to explore how different elements of CIRCLES come into focus at various stages of a group's development, and what this means for practice in real time. By connecting theory with experience, participants will deepen their awareness of group dynamics, relational patterns, and systemic influences, and gain fresh insights into how intentional supervision can support learning, ethical practice, and professional growth across the life of a supervision group. The CIRCLES framework is introduced in the book edited by the facilitators "The Practice of Coaching Supervision Groups".

## **Somatic Pause**

### **The Heart of Intuition: An Experiential Drop-In**

**Grace Calpus**

In this brief experiential practice, participants will shift awareness from the thinking mind into the body. We'll begin by listening to external sounds and sensations one at a time, then widen awareness to hold them all at once. From this expanded presence, we'll drop attention into the heart, pose a personal question, and listen for the intelligence that arises. This simple sequence offers coaches a direct experience of how somatic attunement opens intuitive insight.

## Session 4

Oana Tănase

### Listening to the System: Super-vision Through Constellations

This experiential workshop explores how the systemic stance, principles, and practices of constellations can be applied in coaching supervision to cultivate clarity, presence, and embodied learning. Participants are invited to move beyond an individual focus and listen to the quiet voice of the system. Through systemic mapping, the session brings visibility to the often-unseen dynamics influencing coaching work. By embodying a stance of compassionate distance and resonant presence, the workshop demonstrates how constellation-based supervision supports **super-vision**—the capacity to see the wider system clearly—while deepening systemic awareness and strengthening supervisory presence.

Inspired by the practical insights of *Systemic Coaching and Constellations* by **John Whittington**, founder of Coaching Constellations, the workshop emphasises bringing the stance, principles, and practices of constellations into lived supervisory practice.

## Session 5

Saba Hasanie

### The Quiet Influences of Our Past on Supervision

In coaching supervision, the past often enters the conversation quietly – through language choices, relational patterns, and repeated dilemmas. Supervisors may sense these influences without always knowing how to invite reflection without over-interpreting or moving into therapeutic territory. This session explores how Supervisors can access past narratives in ethical and developmentally informed ways.

Drawing on the BDMM© Framework, participants will learn how to listen for formative meaning-making in supervisory dialogue and how to ask questions that surface insight while keeping the focus on practice. Through guided reflection and applied practice, Supervisors will explore inquiry-based approaches that help coaches notice how past supervisory questions that support awareness, integration, and forward movement – without analyzing the past, fixing it, or getting stuck in story.

## Session 6

Damian Goldvarg

# The Power of Collective Intelligence: Masterminds in Coaching Supervision

A **Mastermind Group** is a focused, high-impact learning space where experienced practitioners come together to think better, not just talk more. In this session, small peer groups work with real supervision challenges, drawing on the collective intelligence, diversity of perspectives, and deep professional experience in the room.

Participants bring live cases, questions, and dilemmas and receive structured, respectful, and rigorous input from their peers. The power of a Mastermind is that no one is the expert—everyone is. You leave with sharper insight, practical actions, and a renewed sense of professional confidence and connection.



# ACSN 9th ANNUAL MOSAIC CONFERENCE 2026



**AMERICAS COACHING  
SUPERVISION NETWORK**

**In-Person Event | May 8–9, 2026  
Royal Roads University • Victoria, British Columbia, Canada**

We acknowledge the campus is located on the traditional Lands of the Lekwungen-speaking Peoples, the Songhees and Esquimalt Nations. With gratitude, we live, work and learn here where the past, present and future of Indigenous and non-Indigenous students, faculty and staff come together.

## AGENDA

### 2026 Americas (and Beyond) Coaching Supervision Conference: MOSAIC In-Person Event May 8 & 9, Victoria BC Canada (Times are in Pacific Time Zones)

#### Day 1

Friday | May 8, 2026

7:30 – 8:00 am	Breakfast	
8:00 – 8:15 am	S1: Tuning the Field: Sound bath	Lisa Strogal
8:15– 9:30 am	S2: Warm Up and Connect Mapping the field	Lily Seto & Damian Goldvarg
9:30 – 10:45 am	S3: The Quiet Influences of our Past on Supervision	Saba Hasanie
10:45 – 11:00 am	HEALTH BREAK	
11:00 – 11:45 am	S4: Going With the Flow: Using Judo Principles in Coaching Supervision	Deborah Howard
11:45 am - 1:00 pm	LUNCH	
1:00 – 2:00 pm	S5: Learning from the inside – our bodies remember	Sam Magill
2:00 – 3:00 pm	S6: Staying Present When Strong Feelings Arise	Leanne Lowish
3:00 – 3:15 pm	HEALTH BREAK	
3:15 – 4:30 pm	S7: The Power of Collective Intelligence: Masterminds in Coaching Supervision	Damian Goldvarg
4:35 – 5:00 pm	Closing	Lily Seto & Damian Goldvarg

\*Times are in Pacific Time Zones

## AGENDA

**2026 Americas (and Beyond) Coaching Supervision Conference: MOSAIC**  
**In-Person Event May 8 & 9, Victoria BC Canada (Times are in Pacific Time Zones)**

### Day 2

Saturday | May 9, 2026

7:30 – 8:00 am	Breakfast	
8:00 – 8:30 am	Warm Up and Connect	Lily Seto & Damian Goldvarg
8:30 – 10:00 am	S8: Seeing the Whole System: Systemic Awareness in Supervision	Oana Tănase
10:00 – 10:15 am	HEALTH BREAK	
10:15 – 11:45 am	S9: Group Supervision: Attending to the System	Lily Seto & chapter contributors
11:45 am - 1:00 pm	LUNCH	
1:00 – 2:15 pm	Group Supervision (cont'd) – experience it	Lily Seto
2:15 – 2:30 pm	HEALTH BREAK	
2:30 – 3:45 pm	S10: The Power of Collective Intelligence: Masterminds in Coaching Supervision	Damian Goldvarg
3:45 – 4:15 pm	Closing	Lily Seto & Damian Goldvarg
4:15 - 5:00 pm	Tuning the Field Sound Bath	Lisa Strogal

\*Times are in Pacific Time Zones



## Session 1

### Turning the Field

**Lisa Strogal**

Rather than **attending** the coaching supervision conference this year, what would it feel like **to create a field of collective coherence, harmony, and resonance** together?

We will begin the conference with a shared 15-minute live sound immersion using crystal alchemy bowls, inviting us into a living vibrational field shaped by wavelength, frequency, and intentional presence. This is not something being offered to you, but something created by you. As our individual nervous systems meet, a collective rhythm and a shared tone begins to emerge.

As sound moves through us, it offers a lived experience of attunement, supporting regulation and connection within and between us. This opening creates a resonant field that is powered by our presence and amplified through shared intention.

As the conference unfolds, this living field continues to hold the work of supervision.

We close by inviting you into a final 15-minute sound immersion designed for integration and completion, supporting the nervous system to settle, synthesize insight, and define a new version of balance. Together, we experience how vibration, awareness, and relationship create the conditions for collective intelligence and an expansive field to emerge.

## Session 2

### Warm Up and Connect: Mapping the Field

**Damian Goldvarg & Lily Seto**

Sharing the results: During this session, we will continue our work from our virtual conference on April 24<sup>th</sup>.

## **Session 3**

### **The Quiet Influences of Our Past on Supervision**

**Saba Hasanie**

Coaching supervision often brings the past into the room. Not as story alone, but as sensation, posture, and/or patterned response. Supervisors may sense its presence without always knowing how to work with it ethically and experientially.

This session invites participants to 'Walk the Origins™ Map as a somatic and reflective approach to engaging personal history in Supervision. Drawing on her proprietary BDMM© Framework, participants will explore how formative experiences shape supervisory presence, authority, and relational choice which is often beneath conscious awareness. Through guided movement, embodied reflection, and small-group dialogue, Supervisors will notice how the past is held in the body and how it quietly informs practice today.

The session offers a structured, non-therapeutic way to work with the past that supports insight, integration, and forward movement. Participants will leave with practical supervision tools for engaging personal history with care, clarity, and developmental intention.

## **Session 4**

### **Going With the Flow: Using Judo Principles in Coaching Supervision**

**Deborah Howard**

This session uses the principles of Judo and moving with the flow of energy as a metaphor for paying attention to our own energy as supervisors as well as the energy of our supervisees to flow with them rather than push against them. Participants will also have a chance to briefly supervise while attending to breathe, posture, energy and choosing between force and redirection.

## **Session 5**

### **Learning from the Inside: Our Bodies Remember**

**Sam Magill**

Join “Grandfather” Sam Magill for a walking reflection to recall our supervision journey since 2009 – or yesterday. In our oh-so-intense world, this will be a small moment of sanity, so our learning is not lost to the winds of time. By walking quietly and purposefully on the lovely grounds of Royal Roads, we will be invited to let our minds relax and remember our experiences of supervision and the lessons we will either honor and set aside or embrace as resources going forward. Experiences plus reflection generates learning.

## **Session 6**

### **Staying Present When Strong Feelings Arise**

**Leanne Lowish**

In this experiential session, we explore how strong feelings enter coaching and supervision spaces in a time of global intensity—shaped by geopolitical conflict, increasing polarisation, climate disruption, rapid advances in AI, economic uncertainty, and disconnection from the land.

These forces often activate personal, collective, and intergenerational histories, bringing past experience and unresolved trauma into the present. Emotions such as fear, grief, anger, despair, and moral distress increasingly surface in sessions—not only as responses to current events, but as echoes of earlier lived experience. Rather than pathologising, fixing, or bypassing these responses, this session invites coaches and supervisors to meet them with grounded presence, relational skill, and compassion.

We explore what happens somatically, relationally, and emotionally when strong feelings arise, and why co-regulation is a vital coaching and supervisory capacity. Through reflection and embodied practice, participants explore how co-regulation supports safety and connection—enabling clients and coaches to meet what is unfolding with steadiness, dignity, and care.



## Session 7

# The Power of Collective Intelligence: Masterminds in Coaching Supervision

**Damian Goldvarg**

A **Mastermind Group** is a focused, high-impact learning space where experienced practitioners come together to think better, not just talk more. In this session, small peer groups work with real supervision challenges, drawing on the collective intelligence, diversity of perspectives, and deep professional experience in the room.

Participants bring live cases, questions, and dilemmas and receive structured, respectful, and rigorous input from their peers. The power of a Mastermind is that no one is the expert—everyone is. You leave with sharper insight, practical actions, and a renewed sense of professional confidence and connection.

## Session 8

# Seeing the Whole System: Systemic Awareness in Supervision

**Oana Tănase**

This session brings to life the peacock tail metaphor from *Systemic Coaching and Constellations* by **John Whittington**, founder of Coaching Constellations, as a powerful way to develop systemic awareness in supervision. Rather than focusing narrowly on the presenting issue, participants explore how supervision can widen its lens—like the opening of a peacock's tail—to include multiple perspectives, relationships, histories, and systemic forces at play.

Through guided reflection and experiential exploration, the session demonstrates how this expanded view supports supervisors to perceive patterns, tensions, and loyalties without becoming entangled in them. Particular emphasis is placed on embodying the systemic stance of distance with compassion: seeing the system just as it is. The session offers supervisors a grounded, memorable framework for strengthening super-vision—the capacity to see the whole system clearly while holding the work with presence and clarity.

## Session 9

# Group Supervision: Attending to the System

### Lily Seto & Chapter Contributors

In this session, we will explore the life cycle of a supervision group together in an experiential exercise. Based on the CIRCLES framework, as introduced by the book “The Practice of Coaching Supervision Groups” (Lily Seto/Michelle Lucas).

## OUR PRESENTERS

### Grace Calpus



Grace Calpus, PCC, is a leadership coach, coach supervisor, and founder of Insight Advantage™, a development program that helps professional coaches unlock deeper presence and intuition in their coaching. With more than a decade of coaching experience and four years of formal intuitive development training, Grace teaches coaches how to access intuitive awareness in a way that honors both the mystical and the measurable — integrating spiritual intelligence with ICF-aligned professional practice. Her work supports coaches in shifting from over-efforting to ease, helping them trust what emerges in the coaching space so transformation becomes natural and profound.

### Dr. Damian Goldvarg



Dr. Damian Goldvarg has thirty years of experience providing executive coaching, leadership training, and facilitation in over sixty countries. He is a Master Certified Coach and received his Ph.D. in Organizational Psychology from Alliant University. He is an Accredited Coach Supervisor (ESIA) and Accredited Team Coach (ACTC) and facilitates certifications in Professional Coaching, Team Coaching, and Coaching Supervision in English and Spanish. He was the 2013-2014 International Coach Federation Global President. Damian published eleven books on Coaching related topics and several book chapters. He was the recipient of the 2018 ICF Circle of Distinction Award for his contribution to the coaching profession worldwide and 2019 Coaching Supervision Award from EMCC.

### Dr. Saba Hasanie



Dr. Saba Hasanie is a coaching psychologist, supervisor, and leadership-development practitioner with over 20 years of global experience across Asia, Europe, and North America. She is the Managing Director of OSC Leadership Development, author of *Unfolding*, and creator of the evidence-based Origins™ Methodology and BDM©Framework. Saba works with senior leaders, coaches, and supervisors to explore how personal history, adult development, and meaning-making shape presence, ethical judgement, and relational dynamics in complex systems. Her work bridges reflective depth with practical supervision application.



## **Deborah Howard**



Deborah Howard is the founder and President of Guiding Change Consulting, Inc, a professional certified coach, coach supervisor, organization development consultant, and author who previously worked as a public interest lawyer. She brings intercultural insight and a passion for social justice to her work. Using authenticity, clarity, and compassion, she helps leaders and their teams transform themselves and the world by accessing their inner wisdom and tapping into their wisdom, passion and creativity.

## **Leanne Lowish**



Leanne Lowish leads the Coaching Supervision Academy's Diploma in Coaching Supervision across the Americas, Asia Pacific, and Japan, and works globally with coaches and supervisors. Her background weaves systems and team coaching, somatic and embodied practice, neuroscience, trauma-informed work, and ancestral and collective healing. Shaped by early work in psychosynthesis, addiction, the Presencing Institute, and conscious, intentional leadership and culture work, her approach is grounded in rigorous theory, somatic intelligence, embodied practice, and deep relational attunement, supporting conscious practice in complex human systems.

## **Michelle Lucas**



Michelle Lucas specialises in executive coaching and coaching supervision. Working independently since 2006, she is an Accredited Executive Master Coach and an Accredited Master Coaching Supervisor with the AC and UCA.

With a degree in Applied Psychology from UWIST and an MBA from Warwick Business School, Michelle's professional training in both Coaching and Coaching Supervision was at Oxford Brookes. She is an innovative practitioner interested in broadening the application of coaching supervision. A regular author and editor for Routledge books on the topics of Coaching Supervision and Reflective Practice. She is based in Weymouth, UK and Mojacar, Spain.

## **Sam Magill**



Why “Grandfather” Sam? In 2008 while living in France, Sam began encountering coaching supervision. He was recently referred to as grandfather in a zoom gathering and now accepts it. In 2009, he traveled to London, UK, to study with the Coaching Supervision Academy. Subsequently, he initiated the first supervision training in North America. Semi-retired now, Sam draws on these 17 years of experience as he continues to evoke learning with coaches individually and in small groups online

## **Merle McKinley**



Merle McKinley, MCC, ESIA, MSC - Merle blends together her somatic and linguistic expertise to create a learning experience that is depthful, revealing, and compassionate. She offers coach supervision, coaching and mentoring. She began her studies of Somatics in 1995 becoming a Master Somatic Coach in 2001. She received her MCC in 2018. Through her martial arts practice, Aikido, where she holds the rank of Nidan (2nd degree black belt), she continues to practice self-cultivation and a beginner’s mind.

## **Lily Seto**



Lily Seto, EMCC Master Practitioner, has global experience both as an internal and external coach and coaching supervisor. She trained with the first cohort of the North American Coaching Supervision Academy and is the first Canadian to be granted ESIA by EMCC. She is the 2020 Global Supervisor Winner from EMCC as recognition for her contributions to the field. She has contributed to numerous books; the latest being co-editor of “The Practice of Coaching Supervision Groups”. Her current area of interest is embracing the complexity of coaching supervision groups. Lily served for four years on the Independent Review Board at ICF, which investigates ethical complaints against coaches.

## **Lisa Strogal**



Lisa Strogal is devoted to integrating and embodying the full spectrum of human experience: spiritual, mental, emotional, physical, and social. As Founder and CEO of ShadowLight™ Global, she brings decades of leadership, coaching, and consulting experience to Fortune 100 organizations worldwide. Lisa is the creator of a transformational methodology grounded in Whole Person Intelligence®, integrating change, organizational effectiveness, and coaching to generate sustained systemic impact. Lisa holds an MCC designation with the ICF and is a graduate of CSA. She is also a trauma-sensitive certified yoga teacher and an energy-based healing practitioner, which includes crystal alchemy bowl facilitation and nervous-system-informed sound practices. Learning with Lisa bridges inner transformation and outer practice, aligning identity, values, and skill to elevate personal leverage and organizational performance.

## **Oana Tănase**



Oana Tănase is a systemic facilitator and member of the Coaching Constellations teaching faculty, delivering international programmes in systemic coaching and business constellations. She supports coaches in developing the stance, principles, and practices that enable organisational systems to move with clarity and flow. An experienced practitioner of systemic embodied facilitation, Oana works at the intersection of head, heart, and body, creating conditions for attunement and sense-making. Passionate about systemic, resonant language, she is guided by the belief that words create worlds. Her teaching translates embodied experience into clear systemic questions and resonant language that bring new possibilities into practical, lived reality.





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